

PUBLIC HEARING

AgeSmart Community Resources will be holding virtual **Public Hearings** on Wednesday, April 10, 2024, to share the Area Plan on Aging for FY2025.

Older adults, caregivers, community members, and organizations interested in learning more about aging services, are encouraged to attend. It is an opportunity for you to help us identify gaps in services and make recommendations for future possibilities. Make your voices heard!

Date: Wednesday, April 10, 2024

Time: 9:00 AM CST

11:00 AM CST

Visit www.AgeSmart.org to register.

Written comments accepted until 4:00 p.m. April 17, 2024 at:

AgeSmart Community Resources

7 Bronze Pointe South Suite B

Swansea, IL 62226

Purpose of the Public Hearing and the Public Information Document

AgeSmart Community Resources (AgeSmart) is conducting public hearings on the FY2025 Area Plan on Aging for the three-year cycle FY2025-2027. The public is welcome and encouraged to attend the public hearings to discuss and make comments on the Area Plan on Aging.

The Area Plan on Aging is a planning, management, and grant award document. The full Area Plan format is prepared by the Illinois Department on Aging (IDOA). The Area Plan may be fine-tuned or even redesigned during the year as activities and funding dictate. Some proposed activities might be reconsidered after research and feedback during the planning stages. AgeSmart submits amendments to the Area Plan each year in the format required by IDOA.

This Public Information Document is the official summary of the proposed Area Plan for FY2025 beginning October 1, 2024, and ending September 30, 2025. All activities are subject to available funding.

The Public Information Document is for the reader to use as a tool to stimulate comments and questions at the Public Hearings. (See above for the date and time.) Comments must be written and presented orally at the Public Hearings or in written form only and delivered to AgeSmart no later than 4:00 p.m. on April 17, 2024.

What's Inside...

Assessment

Initiatives

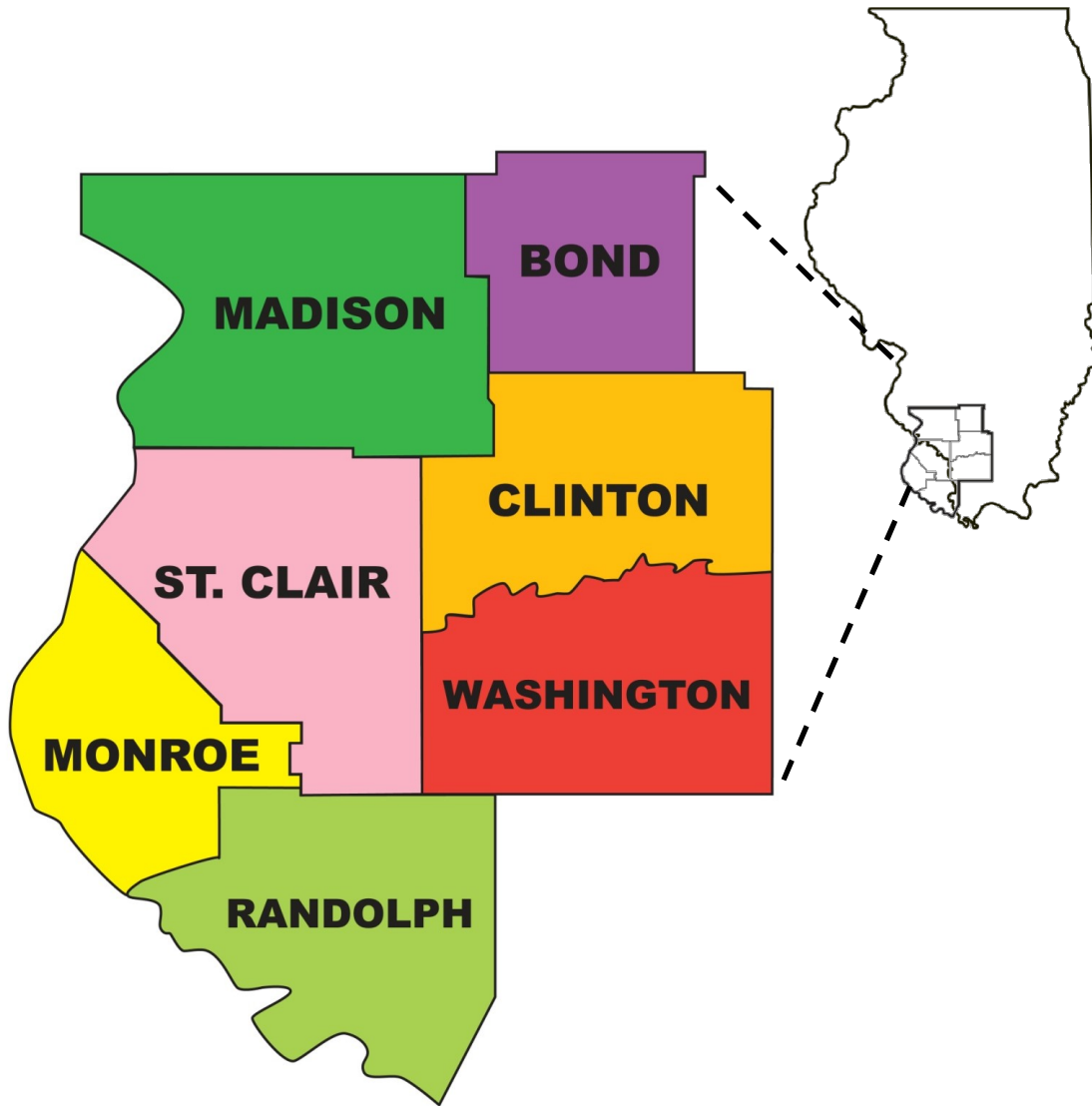
Services Priorities

Administration

Home Delivered Meals

Revenues/Expenses

Planning and Service Area (PSA) 08



In accordance with the Federal Older Americans Act regulations, the Illinois Department on Aging has divided Illinois into 13 Planning and Service Areas. The 13 Planning and Service Areas in Illinois are each managed and served by an Area Agency on Aging. AgeSmart is a nonprofit organization serving the seven counties in Southwestern Illinois highlighted above.

The Aging Network

In 1965, Congress enacted the Older Americans Act (OAA) in response to concern by policymakers about a lack of community social services for older persons. The Act created an interconnected structure of agencies and services known as the National Aging Network.

Administration for Community Living (U.S. Department of Health & Human Services)



Provides national leadership on aging issues. Recommends policy, develops regulations to implement the OAA, allocates and administers the OAA budget, and disseminates grants for research, training, and model projects.

State Units on Aging (Illinois Department on Aging)



Serves as the state governmental agency for aging issues. Administers, designs, and advocates for benefits, programs, and services for the older persons and their caregivers. Also designates Area Agencies on Aging within the state.

Area Agencies on Aging (AgeSmart Community Resources)



Planning agency at the local level. Responsible for advocacy on behalf of older persons, planning and service development, and administration of a wide variety of funds for community-based services.

Our Mission

AgeSmart enhances the lives of older adults, persons with disabilities and veterans through advocacy, action, and answers on aging.

Who We Are

AgeSmart is an **independent non-profit** organization and is one of over 600 Area Agencies on Aging across the country authorized by the Amended Federal Older Americans Act (OAA) to plan and administer services to persons aged 60 and older, their caregivers, and grandparents raising grandchildren. AgeSmart is one of 13 Area Agencies in Illinois authorized by the Illinois Act on Aging and designated by the Illinois Department on Aging.

AgeSmart plans, coordinates, and acts as an advocate for the development of a comprehensive service delivery system for over 150,000 individuals aged 60 and older in Planning and Service Area 08 (PSA). The PSA is comprised of two high-density counties (Madison and St. Clair) and five low-density* counties (Bond, Clinton, Monroe, Randolph, and Washington), two of which are rural (Randolph and Washington). **Low Density: Community with population under 5,000*

FY24 Board of Directors

An eleven-member Board of Directors governs AgeSmart chaired by Michael Niermann of Madison County, IL. The Board sets policy and makes decisions about programs and funding distribution. Over 60% of the Board members are over the age of 60.

- Janice Albers Clinton County
- Rita Boyd.....Randolph County
- Terrance Duncan..... St. Clair County
- Tim EckelsMadison County
- Sean Eifert..... Bond County
- Kristina Krohn Hodapp..... Clinton County
- Rosalie KostECKi..... Washington County
- Marlene Menendez Suarez Madison County
- Donna Tebbe..... Washington County
- Connie Turner*..... Monroe County
- Linette Warnecke St. Clair County
- Steven Wolf St. Clair County

**President*

FY24 Advisory Council

A thirteen-member Advisory Council is led by Cindy Hill of St. Clair County, IL. The Council advises AgeSmart on assessing the needs of older adults and their caregivers and makes recommendations on service priorities.










Angela Banks	Dorene Hoosman
Kelly Barbeau	Bhagya Kolli
Connie Barre	Larry McLean
Deborah Carter	Erin McNamara-Stafford
Venita Dixon	Cheryn Sutton
Judy Hevner	Karlyn Slaydon
Cindy Hill *	

**Chairman*

FY24 Staff

- Joy PaethChief Executive Officer
- Nancy Lonsdale.Chief Fiscal Officer
- Chris Fulton..... Community-Based Services Manager
- Kiyeon YochGrants/Planning Manager
- Nancy Berry.....Caregiver Specialist
- Sarah Gorline..... Accountant
- Taylor Grimm.....Program Specialist
- April Hausman..... Benefits Specialist
- Robyn Kessler.....Caregiver Specialist
- Abigail Lagermann..... Administrative Assistant
- Tabitha Mays..... I & A Resource Specialist
- Michelle Schmidtke..... Benefits Specialist
- Sharon Ludwig/Carrie Neville.....Receptionists
- Vacant.....Program Specialist

FY24 Grantees

-  **Bond County Senior Citizens Center, Inc.**
Greenville, IL
(618) 664-1465
- Chestnut Health Systems**
Granite City, IL
(618) 877-4420
-  **Clinton County Collaborative**
Carlyle, IL
(618) 594-2321
New Baden
618-224-9913
Trenton
618-224-9913
-  **Collinsville Faith in Action**
Collinsville, IL
(618) 344-8080
- Edwardsville/Glen Carbon-Faith in Action**
Edwardsville, IL
(618) 692-0480
-  **Health Visions**
East St. Louis, IL
(618) 271-7000
- Land of Lincoln Legal Aid**
East St. Louis, IL
Senior Citizens Legal Services Project
(618) 398-0958 ext.2236
- Lessie Bates Davis Neighborhood House**
East St. Louis, IL
(618) 271-2522
- Mascoutah Senior Services Program**
Mascoutah, IL
(618) 566-8758
- Millstadt Township Senior Services**
Millstadt, IL
(618) 476-3731
-  **Northeastern Randolph County Senior Services, Inc.**
Sparta, IL
(618) 443-4020
-  **Senior Services Plus, Inc.**
Alton, IL
(618) 465-3298
- South Central Illinois Mass Transit District**
Centralia, IL
(618) 532-8076
- SWIC Programs & Services for Older Persons (PSOP)**
Belleville, IL
(618) 234-4410
- St. John's Community Care**
Collinsville
618-344-5008
- Southwestern Illinois Visiting Nurse Association**
Swansea, IL
(618) 236-5863
- The Oasis Institute**
St. Louis, MO
(314) 862-2933
- Village of Steeleville**
Steeleville, IL
(618) 965-3134 ext.5
-  **Washington County Senior Services, Inc.**
Okawville, IL
(618) 243-6533
- Western Egyptian Economic Opportunity Council**
Steeleville, IL
(618) 965-3458
-  **Waterloo Senior Center**
Waterloo, IL
(618) 939-8880
-  **Chester Senior Center**
Chester, IL
(618) 826-5108
-  *Member, Answers on Aging Network Information and Assistance Provider*

Centers for Independent Living		
IMPACT	LINC	OFACIL
Alton, IL 618-462-1411	Belleville, IL 618-235-9988	Mt. Vernon, IL 618-244-9212

Area Plan on Aging

Planning Process

AgeSmart assesses service needs of older adults in the seven-county region every three years as a part of the planning process and establishes a priority service list annually. The service priorities reflect those services found to be the greatest need for those older adults in the planning and service area (PSA). A variety of methods are used to identify the needs of older adults, caregivers, and grandparents raising grandchildren in the PSA as outlined below.

- Studying national trends and reports on the needs of older adults, caregivers and grandparents raising grandchildren
- Analyzing U.S. and local census data and other relevant demographic statistics
- Analyzing service utilization using AgingIS and T-Care
- Collecting and analyzing community input through focus groups and surveys

AgeSmart Advisory Council's Planning Committee plays a key role in the planning process. The Planning Committee works closely with AgeSmart staff to establish planning goals and activities throughout the planning process.

AgeSmart holds two public hearings annually to share the proposed Area Plan with the community and receive feedback. The public is encouraged to attend the public hearings to discuss and make comments on the Area Plan. Comments gathered during the public hearings are incorporated into the plan.

AgeSmart presents the findings from the assessments to AgeSmart's Board of Directors and Advisory Council to establish service priorities and develop new programs. Through monitoring efforts, open dialogue with service providers, and contact with the public, AgeSmart gathers information to make nuanced or significant changes in programs within the planning cycle. The service priorities reflect those services found to be the greatest need for older adults and their caregivers in the region.

Summary of the Needs Assessment

Between November 2023 and January 2024, AgeSmart surveyed the region's older adults and their family caregivers regarding their needs in the community.

Simultaneously, while the surveys were being distributed throughout the PSA 08, focus groups were conducted to gather more in-depth analysis of local needs specific to some of the underserved communities.

To ensure that the perspectives from individuals with the greatest social and economic needs were included, the survey was strategically distributed among residents of St. Clair County Housing, where a majority consists of low-income minority seniors. Over 20% of the survey respondents were from this population. Additionally, focus groups were conducted in rural areas, and a specific focus group was dedicated to the LGBTQ+ community, ensuring a comprehensive understanding of diverse needs and experiences.

Methodology

The Older Adults Needs Surveys were distributed through both online platforms and traditional paper survey forms across seven counties. This strategy resulted in 544 completed surveys, capturing a broad and diverse range of perspectives from the community.

The focus groups were strategically designed to target the unique needs of traditionally underserved communities, with particular emphasis on the challenges and perspectives unique to older adults living in rural areas and members of the LGBTQ community. Over a two-month period, three distinct focus groups were conducted, facilitating a comprehensive exploration of the issues and concerns within these underserved populations or geographic areas.

Focus Group	Date	Location	Number of Participants
LGBTQ+ Community	11/30/2023	AgeSmart Community Resources, O'Fallon	8
Clinton County	12/7/2023	St. Joseph's Hospital, Breese	7
Monroe County	1/4/2024	Waterloo Senior Center	10

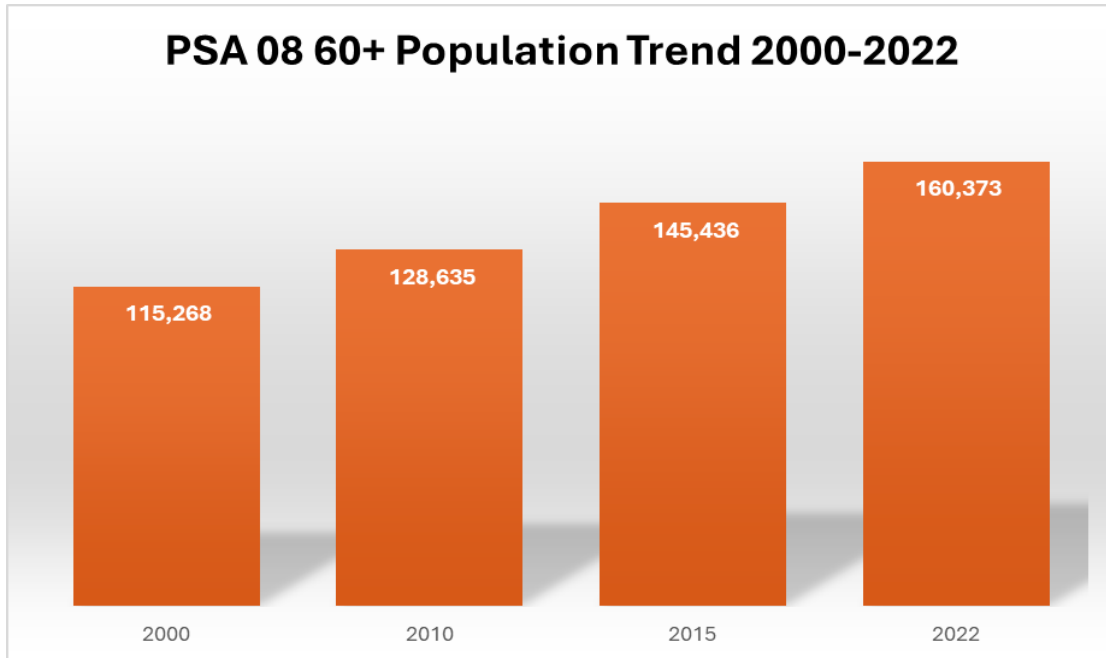
In addition to conducting surveys and focus groups, various community statistics and census data were analyzed. The population of older adults in the region continues to rise. According to the U.S. Census Bureau's 2022 American Community Survey (ACS), an estimated 160,373 individuals aged 60 or older reside within AgeSmart's seven-county region. This demographic segment represents approximately 24% of the total population in PSA 08.

PSA08 FY2022 Population Estimates

COUNTY	TOTAL POPULATION	55+ POPULATION	60+ POPULATION	65+ POPULATION	75+ POPULATION	85+ POPULATION	POVERTY POPULATION	MINORITY POPULATION	LIVING ALONE POPULATION
Bond	16,750	5,384	4,002	3,026	1,282	473	405	231	1,250
Clinton	36,998	12,094	9,166	6,531	2,783	815	620	346	2,525
Madison	265,512	84,457	65,569	46,996	19,759	5,521	5,374	5,898	16,830
Monroe	34,905	11,873	9,127	6,423	2,669	932	485	233	1,625
Randolph	30,413	10,692	8,657	6,212	2,760	890	923	382	2,135
St. Clair	256,791	77,522	59,867	42,018	16,629	5,203	5,748	17,658	17,145
Washington	13,781	5,018	3,985	2,860	1,249	296	254	65	1,030

Population	2021 Est.	2022 Est.	Difference	% Change
Total Population	205,993	207,040	1,047 ▲	0.5%
Age 55 & Older Population	205,993	207,040	1,047 ▲	0.5%
Age 60 & Older Population	158,947	160,373	1,426 ▲	0.9%
Age 65 & Older Population	111,183	114,066	2,883 ▲	2.6%
Age 75 & Older Population	45,713	47,131	1,418 ▲	3.1%
Age 85 & Older Population	13,810	14,130	320 ▲	2.3%

(American Community Survey 2022 Population Estimates)



Key Findings

1. Limited Awareness of Aging Services

A notable recurring theme emerged from the focus groups is the lack of awareness regarding aging services. Most individuals are unaware of the available aging resources and don't know how to access them. This lack of awareness is also a common concern among family caregivers, who often find themselves uncertain about where to seek services for their loved ones.

LGBTQ+ older adults face unique challenges when seeking assistance, as they navigate a variety of factors that can impact their experiences. Social stigma and discrimination amplify the challenges and further contribute to social isolation.

Focus group participants also emphasized the need for creative outreach strategies in various community settings. Recognizing this gap, our proposed initiative for the upcoming planning cycle centers around increasing the visibility of the aging network. AgeSmart has developed comprehensive strategies to expand and enhance its outreach efforts, incorporating targeted marketing to better reach and inform the target populations including members of the LGBTQ+ community. These efforts are aimed at ensuring that all older adults, regardless of their background or identity, have access to the information and services they need for a better quality of life.

2. Consistent Need for In-Home Assistance

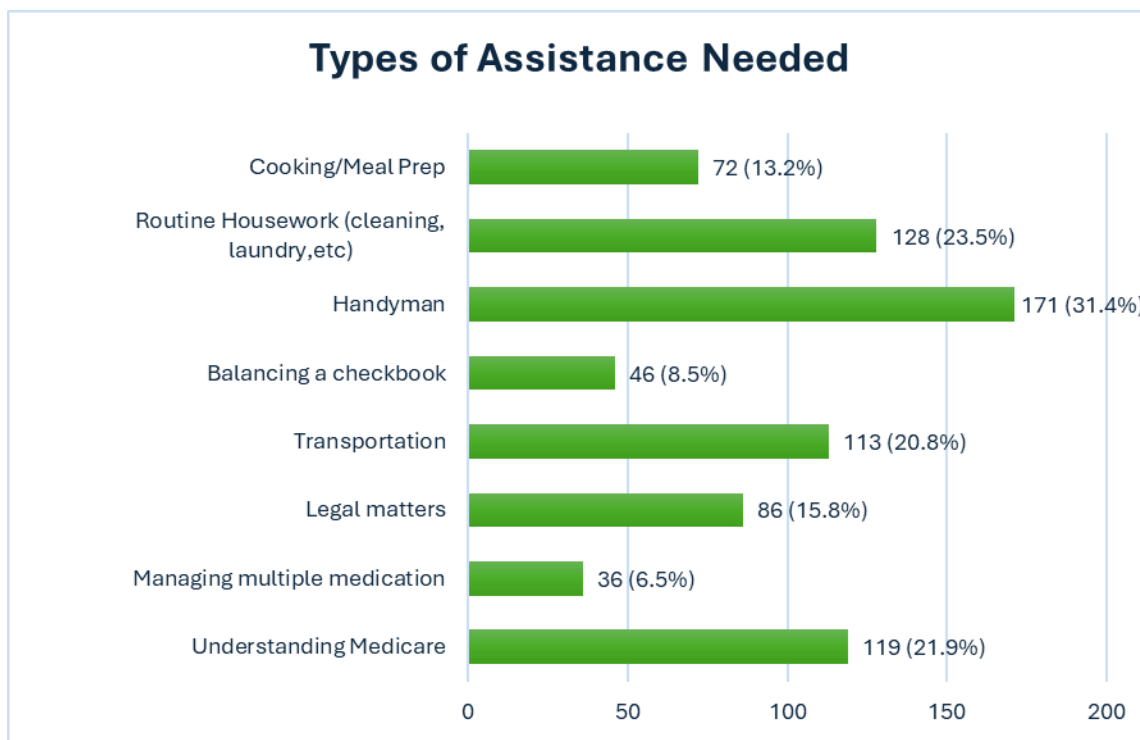
Another recurring and critical need identified by participants is for in-home assistance. Services such as handyman tasks and routine housework were the most frequently mentioned when participants were asked to identify the type of assistance needed.

More than 30% of the survey respondents identified handyman service as a gap.

Many older adults prefer to live in their own homes for as long as possible. Household maintenance tasks such as cleaning, cooking, yard work, and general maintenance can become challenging for older adults. In-home services can provide help with these tasks, ensuring that seniors live in a safe and healthy environment.

Despite their importance, accessing these in-home services often proves to be cost-prohibitive. The Illinois Community Care Program, which offers homemaker service, is only available to individuals who meet Medicaid eligibility criteria. This leaves a significant number of older adults who do not qualify for the Community Care Program without affordable options, as private-pay services may be beyond their financial reach.

In an effort to address this gap, AgeSmart utilized funds from the American Rescue Act in 2022 to launch a chore program pilot in Madison County. This initiative aims to provide minor home repairs and technology assistance. Looking ahead to the FY2025-2027 planning cycle, AgeSmart is actively exploring strategies to expand and replicate the program in other communities.



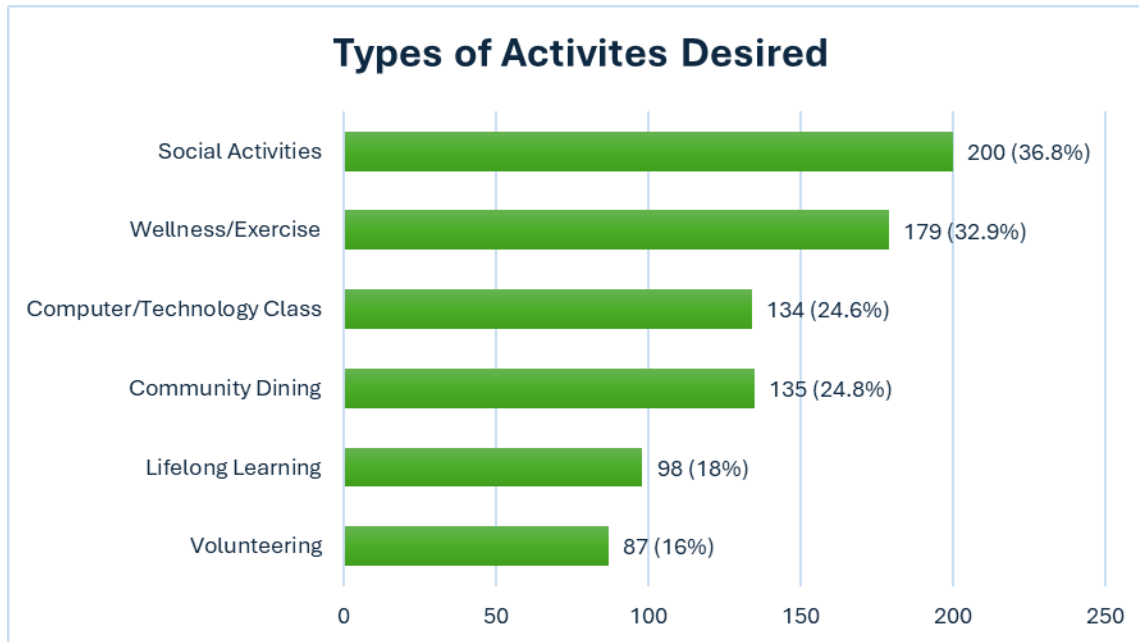
3. Need for Socialization and Expanded Programming

Socialization consistently emerges as a vital need identified by older adults. The need for socialization is particularly significant in rural areas. Socialization for older adults is crucial for maintaining overall well-being and quality of life.

During the survey, participants were asked about their preferences regarding various programs. The findings indicate a need for increased opportunities for social

engagement and for a broader range of activities or programs that cater to older adults' interests and needs.

AgeSmart is committed to continuing its promotion and implementation of the "Without Walls" model. This innovative approach aims to deliver social and educational activities, alongside nutritious meals, to communities where resources are scarce, with a particular focus on rural areas. AgeSmart remains dedicated to improving access to essential services and fostering a sense of community and connection among older adults, addressing the vital need for socialization and engagement.



4. Unique Challenges Faced by LGBTQ+ Older Adults

Insights gleaned from the LGBTQ+ focus group highlighted challenges faced by older adults within the LGBTQ+ community.

- **Social Stigma and Discrimination:** Fear of discrimination or judgment based on their sexual orientation or gender identity often prevents LGBTQ+ older adults from seeking assistance.
- **Lack of Inclusive Services:** Services and support networks often lack adequate training and education to provide inclusive assistance. Concerns were raised regarding the accessibility of healthcare and the financial and legal challenges faced by LGBTQ+ older adults.
- **Isolation and Social Support:** LGBTQ+ older adults may have smaller support networks, making it challenging to find understanding and supportive communities.

Recognizing these challenges, AgeSmart is exploring strategies to better engage and support LGBTQ+ older adults. This includes initiatives focused on enhancing the visibility and accessibility of aging resources that are inclusive and affirming of the

LGBTQ+ community. The goal is to create a more welcoming and supportive environment that addresses the unique needs and challenges faced by LGBTQ+ older adults, ensuring that they can access aging-related resources with dignity and inclusivity.

Statewide Initiative

Initiative #1

Increase statewide visibility of the Aging Network to connect Illinoisans with support and services that encourage independence, dignity, and quality of life as we age

Initiative #2

Drive continuous quality assurance and improvement activities that emphasize person-centered and trauma informed services while maximizing effectiveness of services delivered through the Aging Network

Two statewide initiatives will be prioritized for the FY2025-2027 Area Plan period. The initiatives were chosen to be included based on input and feedback received from older adult community members and caregivers, challenges and priorities raised by the AAA network, and community needs and priorities identified by Illinois Department on Aging (IDOA).

The FY2025-2027 Statewide Initiatives are integrated into the various services detailed in the Area Plan Service Justification. This approach not only aligns with IDOA requirements but also ensures that AgeSmart's strategies are responsive to the needs of the communities. Through targeted outreach and collaboration with community partners, AgeSmart aims to enhance its efforts to raise awareness and improve the accessibility of the Aging Network.

AgeSmart prioritizes high-quality service delivery and quality assurance. A variety of methods will be used to ensure that the service standards are consistently met, including regular program evaluation and monitoring, stakeholder involvement, training, and technology integration to streamline data collection.

AgeSmart is committed to continuous assessment of the effectiveness of its service priorities, ensuring that the services align with the evolving needs of older adults and caregivers within the community.

Local Initiative

Increase public awareness and knowledge of caregiver needs, as well as resources and services available throughout the state of Illinois to promote increased caregiver engagement in person-centered, trauma-informed, and evidence-based programs and services

AgeSmart, in collaboration with the Illinois Department on Aging (IDOA) and the AAA network, conducted a comprehensive assessment to identify the caregiving needs within the state of Illinois. Locally within the PSA, AgeSmart hosted 5 focus groups and surveyed 544 older adults including caregivers.

IDOA's findings were similar to those in the PSA. Attendees in the IDOA Roundtables emphasized the importance of holistic support, spanning healthcare, transportation, community services, and individual needs. Identified gaps included a lack of caregiver training, limited awareness, and the need for increased visibility of available resources. Local findings revealed that a significant portion of caregivers did not self-identify, were hesitant to seek assistance due to perceived duty, and lacked awareness of available resources.

AgeSmart continues to provide trained caregiver specialists and offer caregiver training programs such as Savvy Caregiver, Powerful Tools for Caregivers, Stressbusting, and Memory Cafes. These initiatives aim not only to support caregivers but also enhance the well-being of care receivers. Counseling services have been made available to address caregiver stressors, and the consumer-directed respite program, with 20 years of proven success, continues to provide relief to caregivers.

To amplify awareness of our caregiver support initiatives, AgeSmart will employ a multifaceted outreach strategy. This involves collaborating with community partners, healthcare providers, and local media outlets. Special materials have been developed for doctors to share with patients. Introducing an Employee Assistance Program for Caregivers in the workplace is also being investigated. Leveraging social media platforms, we aim to reach a broader audience and foster online communities for caregivers to connect, share experiences, and access resources.

FY25 Service Priorities

Changes in the service delivery

By the conclusion of FY2024, counseling service funded under Title III-B through the American Rescue Plan Act is set to expire. However, Title III-E counseling service will remain accessible to family caregivers and will be offered as an alternative where suitable.

The updated service priorities for FY2025 are outlined below.

Should the amount of federal or state funding decrease, AgeSmart will revise the service priorities based on the needs of a service developing plan that would cause the least harm to consumers.

Types of services by county and the correlating funding amounts can be found in the Appendix.

Service Definition	Projected Persons Served in FY2025	Projected Units of Service in FY2025
Title III-B Access Services		
Assisted Transportation	500	6,200
<i>(Provided by three grantees in portions of Clinton, Madison and St. Clair counties)</i>		
Providing escorted, door-to-door transportation to older persons who have difficulty using regular transportation.		
Information & Assistance (I & A)	38,000	40,000
<i>(Provided by AgeSmart and multiple grantees throughout PSA 8)</i>		
Providing current information on opportunities and services available in communities; connecting people with available resources; and ensuring that they access necessary services through comprehensive follow-up procedures.		
Options Counseling	500	1,000
<i>(Provided by multiple grantees throughout PSA 8)</i>		
Providing a person-centered, interactive, decision-support process whereby individuals receive assistance in their deliberations to make informed long-term support choices in the context of their own preferences, strengths, and values.		
Transportation	800	27,000
<i>(Provided by multiple grantees throughout PSA 8)</i>		
Transporting older persons to and from community facilities and resources for the purpose of acquiring and receiving services, participating in activities, and attending events in order to reduce isolation and promote successful independent living.		

Telephone Reassurance	2,500	15,000
<i>(Provided by multiple grantees throughout PSA 8)</i>		
Weekly telephone calls to individuals to provide psychological reassurance and reduce isolation.		
Gap Filling	24	24
<i>(Provided by AgeSmart throughout PSA 8)</i>		
Providing financial assistance to older adults, enabling them to preserve their independence by remaining in their homes when no other resources are accessible.		
Title III-B In-Home Services		
Residential Repair & Renovation	510	1,110
<i>(Provided by three grantees throughout PSA 8)</i>		
Assisting older persons with physical or cognitive problems to maintain or adapt their homes to meet their needs.		
Title III-B Community Services		
Legal Assistance	730	5,500
<i>(Provided by one grantee throughout PSA 8)</i>		
Services include arranging for and providing assistance in resolving civil legal matters and the protection of legal rights, including legal advice, research and education concerning legal rights and representation by an attorney at law, a trained paralegal professional (supervised by an attorney), and/or a law student (supervised by an attorney) for an older person.		
Title III-C1 Community Services		
Congregate Meals	4,000	120,000
<i>(Provided by multiple grantees throughout PSA 8)</i>		
Providing nutritious meals in a congregate setting.		
Title III-C2 In-Home Services		
Home Delivered Meals	5,000	700,000
<i>(Provided by multiple grantees throughout PSA 8)</i>		
Providing nutritious meals delivered to older persons who are homebound due to illness or disability.		
Nutrition Counseling	300	500
<i>(Provided by one grantee in Madison and St. Clair County)</i>		
One-on-one individual guidance provided by a nutritionist to support healthy eating habits.		
Title III-D Disease Prevention & Health Promotion		
Health Promotion Programs	160	960
<i>(Provided by one grantee throughout PSA 8)</i>		
Providing evidence-based wellness programs to promote better health among older persons.		

Title III-E Access Assistance Services		
Information & Assistance for Caregivers	3,600	6,800
<i>(Provided by AgeSmart and two grantees throughout PSA 8)</i>		
Providing current information on opportunities and services to family caregivers; connecting them with available resources; and ensuring that they access necessary services through comprehensive follow-up procedures.		
Title III-E Information Services		
Public Education	1500	60
<i>(Provided by AgeSmart throughout PSA 8)</i>		
Information service that is directed to large audiences of current and potential caregivers.		
Title III-E Counseling, Support Group, Training Services		
Counseling	250	470
<i>(Provided by two grantees throughout PSA 8)</i>		
One-on-one individual counseling service for family caregivers.		
Memory Cafes	23	500
<i>(Provided by one grantee throughout PSA 8)</i>		
A social gathering for people living with dementia and their family caregivers providing safe and supportive environment to socialize.		
Caregiver Training	90	660
<i>(Provided by one grantee throughout PSA 8)</i>		
Training and Education programs for caregivers caring for a loved one with dementia: Savvy Caregiver, Stressbusting, and Powerful Tools for Caregivers		
Title III-E Respite Services		
Respite for caregivers	120	25,500
<i>(Provided by AgeSmart throughout PSA 8)</i>		
Providing temporary, substitute support to allow Family Caregivers a brief period for rest or to attend to other needs.		
Title III-E Supplemental Services		
Gap Filling for Caregivers	37	62
<i>(Provided by two grantees throughout PSA 8)</i>		
A supplemental service for caregivers that provides financial assistance on a case-by-case basis.		
Gap Filling for Grandparents Raising Grandchildren	30	35
<i>(Provided by one grantee throughout PSA 8)</i>		
A supplemental service for Grandparents Raising Grandchildren that provides financial assistance on a case-by-case basis.		
Legal Assistance for Caregivers	50	150
<i>(Provided by one grantee throughout PSA 8)</i>		

Services include arranging for and providing assistance in resolving civil legal matters and the protection of legal rights, including legal advice, research and education concerning legal rights and representation by an attorney at law, a trained paralegal professional (supervised by an attorney) and/or a law student (supervised by an attorney) for caregivers of older persons.

Legal Assistance for Grandparents Raising Grandchildren

20

200

(Provided by one grantee throughout PSA 8)

Services include arranging for and providing assistance in resolving civil legal matters and the protection of legal rights, including legal advice, research and education concerning legal rights and representation by an attorney at law, a trained paralegal professional (supervised by an attorney) and/or a law student (supervised by an attorney) for grandparents raising grandchildren.

Title III-B/VII Long Term Care Ombudsman

(Provided by one grantee throughout PSA 8)

Advocating for residents of long-term care facilities, developing rapport with residents, and providing advocacy, support and education about their rights.

Title VII Elder Rights - Adult Protective Services

(Provided by one grantee throughout PSA 8)

A service that responds to reports of abuse, neglect, and financial exploitation of older adults aged 60+ and adults with disabilities aged 18-59 providing investigation, intervention, and follow-up services to victims.

Other Services

Senior Medicare Patrol

Senior Medicare Patrol (SMP) empowers and assists Medicare beneficiaries, their families, and caregivers to prevent, detect, and report health care fraud, errors, and abuse through outreach, counseling, and education. The Illinois SMP program is administered through AgeOptions in Suburban Cook County and AgeSmart participates in this statewide initiative serving as the SMP Coordinator for the Southern Illinois counties.

Senior Health Assistance Program

Senior Health Assistance Program (SHAP) offers seniors information and free help filling out applications for programs.

Senior Health Insurance Program (SHIP)

SHIP is a free health insurance counseling service for Medicare beneficiaries, their families, and caregivers. Consumers are provided information, assistance, and resources about applying for and maintaining their Medicare coverage.

Senior Farmer's Market Nutrition Program

The Senior Farmers' Market Nutrition Program provides low-income seniors with vouchers that can be exchanged for eligible foods at farmers' markets and roadside stands. AgeSmart, in collaboration with local organizations, distributes the vouchers to eligible seniors who self-report their income.

NCOA Benefit Enrollment Center (BEC)

Benefit Enrollment Centers (BEC) are a national network that help low-income individuals with Medicare enroll in food assistance, energy assistance, healthcare benefits and more.

Illinois Public Health Institute/Retirement Research Foundation

AgeSmart Community Resources is working with the Illinois Public Health Institute (IPHI) in support of the "Advancing Public Health & Aging Partnerships to Promote Social Connectedness" grant from RRF Foundation for Aging. AgeSmart and IPHI are expanding and/or sustaining regional/local social connection initiatives to inform state capacity-building activities focused on enhancing collaboration between public health and aging to advance policy and practice innovations that support social connectedness.

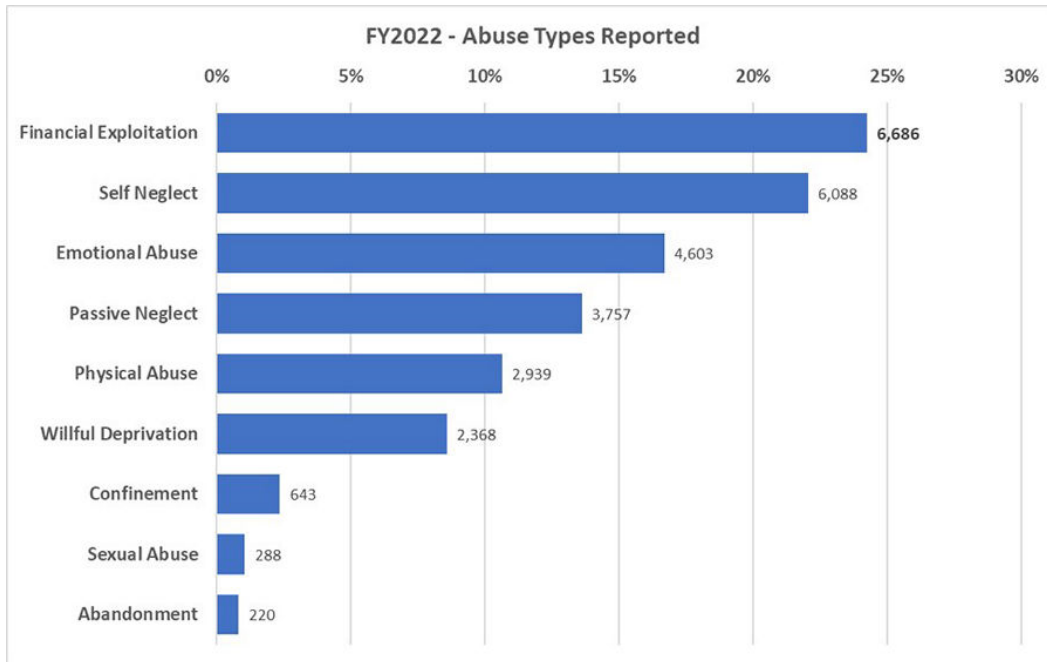
Adult Protective Services

The **Adult Protective Services**, under authority of the Illinois Adult Protective Services Act, responds to reports of alleged abuse, neglect, or financial exploitation of persons 60 years of age and older, and of persons aged 18-59 with disabilities living in the community. It is designed to build upon the existing legal, medical, and social service systems in place, and ensures the system is more responsive to the needs of abuse victims.

Types of Abuse

- Physical Abuse – inflicting physical pain or injury on a senior, e.g. slapping, bruising, or restraining by physical or chemical means.
- Sexual Abuse – non-consensual sexual contact of any kind.
- Neglect – the failure by those responsible to provide food, shelter, health care, or protection for a vulnerable elder.
- Exploitation – the illegal taking, misuse, or concealment of funds, property, or assets of a senior for someone else's benefit.
- Emotional Abuse – inflicting mental pain, anguish, or distress on an elder person through verbal or nonverbal acts, e.g. humiliating, intimidating, or threatening.
- Abandonment – desertion of a vulnerable elder by anyone who has assumed the responsibility for care or custody of that person.

- Self-neglect – characterized as the failure of a person to perform essential, self-care tasks and that such failure threatens his/her own health or safety.



(Illinois Department on Aging, APS Statistics)

AgeSmart serves as the Regional Administrative Agency for the Illinois Adult Protective Services as designated by IDOA, and in turn, grants funds to a local agency to ensure direct client services are provided. Every month, approximately 80 abuse and neglect cases are reported to Adult Protective Services in PSA 8.

To Report Abuse

Anyone can report suspected abuse. By law, anyone making an Adult Protective Services report in good faith has civil and criminal immunity from liability and professional disciplinary action. All reports are kept confidential and anonymous reports are accepted.

Call the Southwestern Illinois Visiting Nurse Association: **1-800-642-5429** or the 24-hour

Elder Abuse Hotline: 1-866-800-1409, 1-888-206-1327 (TTY).

For residents who live in nursing facilities, call the Illinois Department of Public Health's Nursing Home Complaint Hotline: 1-800-252-4343.

Administration

Administrative Activities

The OAA restricts AgeSmart administrative cost to 10% of the Title III funding. AgeSmart's proposed administrative expenses and activities for FY24 are as follows.

Budget: \$359,000

Activities include but are not limited to:

- Implement Area Plan assurances
- Implement Area Plan Statewide and Local Initiatives
- Procure Federal and State funds
- Develop and implement RFP process to award grants for the Title III services
- Maintain SmartSimple Grants Management System and provide trainings for grantees
- Maintain AgingIS NAPIS databases and provide technical assistance to grantees
- Monitor grantees in program and fiscal performance including on-site reviews
- Provide technical assistance and training for grantees
- Comply with IDOA requests and requirements
- Complete annual Agency Financial Audit
- Write and disseminate an annual report
- Follow Civil Rights regulations and monitor grantees' adherence
- Provide Board Management training for the Board of Directors
- Provide Service Procurement training for the Advisory Council
- Provide administrative support for the Board of Directors and Advisory Council
- Maintain AgeSmart's website (www.AgeSmart.org) to provide the public with 24/7 access to comprehensive aging resources
- Administer and coordinate Senior Farmers Market Nutrition Program

Administratively Related Activities

In addition to the 10% administrative cost, AgeSmart retains part of III-B supportive service funds for the Administratively Related Direct Services, which are Advocacy, Coordination, and Program Development. AgeSmart's proposed administrative related expenses and activities for FY24 are as follows.

Advocacy

AgeSmart educates public officials and the community on aging issues and assists them in addressing the needs of the aging population. We also monitor proposed legislation and policies at the federal, state, and local levels.

Budget: \$99,000

Activities include but are not limited to:

- Coordinate advocacy campaigns to promote policies and services for older Illinoisans
- Participate in delivering policy and budget priorities to state legislators
- Participate in the National Association of Area Agencies on Aging's Policy Briefing and Capitol Hill Day; provide AAA board, Advisory Council, service providers, and the general public with advocacy alerts facilitating grassroots participation on issues of importance to seniors and persons with disabilities
- Provide legislators with information regarding constituencies including but not limited to demographics, service trends, number of consumers served to address the area's needs
- Visit legislators (2 senators, 2 congressional representatives, 9 state senators, and 7 state representatives) and stay in constant contact regarding important issues regarding beneficiaries (locally and in Springfield)
- Seek contact with 7 county boards, over 50 mayors and village presidents, 133 township and precinct supervisors
- Advisory Council hosts monthly meetings throughout the Aging Network to address advocacy issues
- Serve as a catalyst for local community elected officials who are interested in programs for their 60+ citizens and meet with them individually on multiple occasions
- Encourage the media to highlight issues pertaining to older adults and their caregivers

Coordination

AgeSmart coordinates efforts with a variety of local organizations in the PSA to develop a comprehensive and coordinated system of community-based services for older adults.

Budget: \$57,000

Activities include but are not limited to:

- Coordinate efforts throughout AgeSmart's PSA for the Senior Health Assistance Program (SHAP) / Senior Health Insurance Program (SHIP) / MIPAA (Medicare Improvements for Patients and Providers Act) / Aging and Disability Resource Center (ADRC) / Options Counseling
- Attend numerous health and senior fairs throughout the PSA
- Participate in quarterly meetings with the CCU and CCP providers

- Serve as a catalyst for local community elected officials who are interested in programs for their 60+ citizens by meeting with them individually on multiple occasions
- Serve as Senior Medicare Fraud Patrol Volunteer Coordinator
- Work with local Lions Clubs to offer eye screenings
- Serve on the following state and local committees:
 - Inform Illinois (formerly Alliance of Information & Referral Systems (AIRS))
 - Illinois Nutrition Advisory Council
 - Illinois Coalition of Mental Health and Aging
 - Illinois State 211 Board
 - Southern Illinois Human Service Transportation Planning Committee (Region 9 & 11)
 - United Way of Greater St. Louis 211 Advisory Committee
 - Southwestern Illinois Pioneer Coalition Leadership
 - Aging and Disabilities Resource Center Leadership Team
 - Belleville Chamber of Commerce Community Services Committee
 - Belleville Chamber of Commerce Healthcare Committee
 - St. Clair County Emergency Preparedness
 - St. Clair County Healthcare Commission
 - Southwestern Illinois College Human Services Department Advisory Council
 - O'Fallon Chamber of Commerce Healthcare and Wellness Committee
 - Older Adults Health Council
 - Madison County Mental Health Alliance
 - Madison County TRIAD
 - Southern Madison County Community Collaborative
 - St. Clair County Elder Justice Council
 - St. Clair County Suicide Prevention Alliance
 - Reveille Veterans Services Network
 - Clinton, Marion & Washington Counties Collaborative (CMWCC)
 - Community Engagement Network
 - St. Clair County Council of Partners
 - Tri-county Financial Fraud Coalition
 - Make Health Happen-Greater East St. Louis
 - St. Clair County Violence/Safety Committee
 - St. Louis Elder Financial Protection Multi-Disciplinary Team
 - Healthier Together St. Clair County
 - Illinois Caregiver Coalition
 - Latino Roundtable

Program Development

Responding to unique local needs, AgeSmart develops new programs and services that promote health and independence of older adults. Through the process of assessing

community needs and analysis of the existing service system, we identify the need and develop a pilot or expand existing programs to fill the gap.

Budget: \$99,000

Activities include but are not limited to:

- Develop and implement new programs
- Encourage innovation through pilot programs and prototypes
- Provide grantees with training opportunities to assist in developing innovative solutions
- Follow Request for Proposal procedures to procure service providers
- Utilize the Advisory Council throughout the granting process
- Participate as members on the following IDOA Councils: Nutrition, Elder Abuse, Caregiver, and Long-Term Care Ombudsman
- One staff member is certified in Federal Grants Management by Management Concepts, Inc.
- Train grantees in program, fiscal, and NAPIS reporting
- Attend Adult Protective Services and Ombudsman related trainings
- Maintain Illinois Food Service Sanitation Manager Certified staff member
- One staff member is trained as a Master Trainer for A Matter of Balance Program

Services Directly Provided by AgeSmart

AgeSmart proposes to continue to provide III-B/E Information & Assistance, III-B Options Counseling, III-E Public Education, Respite, and Grandparents Raising Grandchildren Gap Filling, and requests Direct Service Waivers in order to directly provide these services in FY2025.

III-B/III-E Information and Assistance

AgeSmart provides area-wide Information & Assistance (I&A) and Options Counseling as a single point of entry serving older adults, their caregivers and people with disabilities in the seven-county region.

Synopsis of Activities

- Provide individuals with current information on opportunities and services available
- Assess problems and capacities of older adults and caregivers
- Establish adequate follow-up procedures based on the older individual's or caregiver's needs
- Maintain a resource database for PSA 8
- Provide AgingIS technical assistance to grantees
- Utilizing warm transfer feature to connect callers to grantees and Aging Network services
- Maintain Certified Information & Referral Specialists for Aging (CIRS-A)
- Maintain AgeSmart website (www.AgeSmart.org) to provide consumers with 24/7 access to aging resources
- Provide education programs to the public
- Caregiver Specialists to assist consumers with T Care Assessments and Care plans

Justification

AgeSmart funds eight local service providers to deliver I&A in their communities. Additionally, AgeSmart itself serves as a single point of entry responding to service requests from the entire planning and service area and beyond. The Elder Care Locator managed by the National Association of Area Agencies on Aging directs callers to their local Area Agencies for I&A. This single point of entry is necessary for older adults and caregivers not to be overwhelmed by multiple agencies and numerous phone numbers. At the same time, it is imperative that consumers find "no wrong door" when seeking information. AgeSmart's I&A service complements the area I&A efforts throughout the Aging Network with both grantees and other providers.

AgeSmart was able to utilize funding from the American Rescue Plan Act (ARPA) to pilot a caregiver specialist program. The program has been successful and has been added to our regular programming. Caregiver Specialists can be incredibly valuable for

both caregivers and the older adults they care for. These Specialists provide a range of services and support, such as education and training, counseling and emotional support, and assistance with navigating the aging network. By making the caregiver specialist program a permanent part of programming, AgeSmart is demonstrating a commitment to supporting caregivers in the community over the long-term. This is especially important given the growing number of older adults in our society and the increasing demands on family caregivers.

AgeSmart's location in St. Clair County, which has nearly 40% of the region's aged 60+ and 70% of the minority population, allows AgeSmart to directly reach those with the greatest need and to serve as the information hub, providing training and technical assistance to local I&A providers. There is no other local agency for providing I&A at this capacity.

III-B Options Counseling

AgeSmart provides Options Counseling services throughout the entire PSA to all persons with disabilities aged 18+ and older adults who request current long-term support services and/or persons of any age who are planning for the future regarding long term support services without regard to income or assets.

Synopsis of activities:

- Outreach to all communities on the service and its value in planning
- Personal interview
- Exploration of resources
- Decision support
- Goal setting
- Links to available services
- Follow up with consumers

Justification

AgeSmart is the focal point in the seven-county region for Information and Assistance services for coordination of services and training. Options Counseling forces a paradigm shift from an older medical model approach in Information and Assistance services to a person-centered model. AgeSmart is already positioned to coordinate, train, and update the existing network in this more extensive manner of delivering Information and Assistance services. As with Information and Assistance, AgeSmart's Options Counseling complements the PSA efforts in providing consumers with the best, most up-to-date information and resources.

Program	Budget	Projected Persons	Projected Units
Title III-B Information & Assistance	\$81,000	8,500	13,000
Title III-E Information & Assistance for Caregivers	\$60,000	3,200	5,500
Title III-B Options Counseling	\$15,000	90	140

III-B Gap Filing

A financial gap filling service for older adults to provide comprehensive support to ensure they can maintain their current living status in either a rental home or a home they own. This service is designed to address the financial challenges that seniors may face due to various factors such as fixed incomes, unexpected expenses, or rising costs of living.

Synopsis of Activities

- Conduct a comprehensive intake to assess the needs of consumers.
- Assistance with identifying and applying for relevant programs, subsidies, or benefits that can alleviate financial stress.
- Collaboration with local social services agencies and community partners to connect seniors with additional support services.
- Act as advocates for seniors, assisting them in navigating financial challenges and communicating with relevant stakeholders.
- In cases of immediate need or unexpected expenses, the program provides emergency funding to cover essential housing-related costs.
- Provide follow-up support to ensure consumer satisfaction.

Justification

By providing a holistic financial gap filling service, the aim is to empower older adults to age in place comfortably, maintaining their independence and quality of life in their chosen living environment.

Due to conflict of interests and legal ethical standards, these funds cannot be directly allocated to the legal service provider that deals with housing preservation challenges. AgeSmart has systems in place to provide this service directly and is the only agency positioned to act as administrator of these funds for the entire PSA.

Program	Budget	Projected Persons	Projected Units
Title III-B Gap Filing	\$12,000	24	24

III-E Public Education

AgeSmart provides Public Education for family caregivers of older adults in the seven-county region. Through educational events, community presentations, and media campaigns, the program provides valuable information, resources, and support for family caregivers and encourages them to utilize available programs and services.

Synopsis of Activities

- Attend local Health and Information Fairs in the communities reaching out to caregivers
- Conduct community presentations which provide information and resources as well as link caregivers to needed services and benefits
- Provide caregivers with on-the-spot access to information through the resource database and website
- Co-host the annual Surviving Caregiver Conference that is designed to educate and support caregivers
- Host the annual Aging Expo
- Use online newsletter and social media to engage public and promote Home and Community-Based Services

Justification

The area has many Health & Informational Fairs that AgeSmart spends considerable staff time attending. Due to limited time and the high cost of space rental, most Grantees are not able to attend these events. AgeSmart also has the capability to have the Resource Database at events using mobile devices. This allows us to provide on-the-spot individual assistance to caregivers. No other agency exists to fill this gap.

Program	Budget	Projected Persons	Projected Units
Title III-E Public Education	\$48,000	1,500	60

III-E Respite

AgeSmart administers a Respite Care Program for primary caregivers of persons aged 60 and older throughout the PSA. Respite Care is short-term relief designed to provide a break from the physical and emotional stress of caregiving. The service offers caregivers flexibility and freedom in choosing their Respite Care providers.

Synopsis of Activities

- Assessments, utilizing T Care
- Verify monthly Respite Service Forms, assist in completing the form and make follow-up phone calls, if needed

- Maintain Respite client database, tracking service utilization
- Reimburse caregivers up to \$200 per month for Respite care
- Provide caregivers with information on educational opportunities and resources to help with their caregiving

Justification

In 2002, AgeSmart funded a Respite Service Program using a community agency to provide services. This service was severely underutilized for several reasons: caregivers did not want strangers in their homes, cost did not allow for enough hours of service, service hours were not available when caregivers needed them. Efforts were made to find other agencies with the flexibility needed by caregivers, but none were found.

AgeSmart implemented a consumer-directed Respite Program Model in 2003 in response to underutilization of the service using a community agency. The consumer-directed model empowers caregivers to select the Respite Care Provider best suited to their needs and negotiate the payment amount. AgeSmart, serving as the Administrator of the program, reimburses eligible caregivers up to \$200 per month. Since implementation, the number of caregivers using Respite has significantly increased and the average cost per hour has decreased.

In FY2023, 107 caregivers were provided with 24,291 hours of Respite. The number of participants in FY2023 was lower than FY2022, but the hours of respite increased by almost 7,000. The average cost per hour in FY2023 was \$11.53. In comparison, if the community agency service model had been used, the number of funded hours available would have been 4,328, which is less than 20% of actual provided hours. Cutting these costs increases the funds available to caregivers and AgeSmart is the most logical entity to provide the service directly to keep costs down. Over 90% of the budget goes directly to the program, and AgeSmart retains **\$18,000** for administrative costs.

AgeSmart has expanded the use of Tailored Care (T Care), an evidence-based caregiver assessment and care plan program. T Care allows AgeSmart staff and caregivers to assess the current caregiving situation and plan for future needs which helps avoid hospitalizations and skilled care placement. When AgeSmart began funding Respite, the local Case Coordination Unit completed all initial and annual assessments of caregivers for the program. Beginning in FY2022, AgeSmart incorporated T Care into the Respite assessment and expanded the number of organizations that complete assessments and annual re-assessments. This has allowed for holistic assessments of caregivers and assists in the development of care plans. This modification has enhanced the care management for Respite clients and enhanced the communication between AgeSmart and the participants. The program modification has also led to an increase in the usage of the Respite program by caregivers.

Program	Budget	Projected Persons	Projected Units
Title III-E Respite	\$150,000	120	25,500

III-E Grandparents Raising Grandchildren Gap Filling

AgeSmart administers a Gap Filling program to assist grandparents and other relative caregivers who are raising their grandchildren. Gap Filling provides necessary services or supplies that are essential for the caregiving responsibilities of these individuals throughout the PSA.

Synopsis of Activities

- Conduct a comprehensive intake to assess the needs of consumers.
- Determine and approve the necessary resources to meet the needs of consumers.
- Make purchases of essential goods or payments to required services on behalf of the consumers.
- Provide follow-up support to ensure consumer satisfaction.
- Provide Information about available community services and resources
- Assistance in gaining access to community resources.
- Respite care (temporary and intermittent relief) for the grandparents.

Justification

The reality of grandparents and other relatives raising children is not new. However, the number of children being raised by someone other than a parent has increased dramatically over the last 25 years, according to an article published by Illinois Department on Aging¹. It is estimated that approximately 85,000 children in Illinois are being raised by relatives with no parents present in the household. This equals 71,839 caregivers who are relatives taking responsibility for these children. Included in this total of 85,000 are 7,679 children in foster care being raised by relatives. For every child being raised by relatives in foster care, there are 10 being raised by kin outside of foster care².

Factors contributing to the growing number of grandparents raising grandchildren include: alcohol and drug abuse; neglect, abuse, and abandonment; military deployment; poverty; parental incarceration; teen pregnancy, and others. Grandparents raising grandchildren are more likely to be female and low-income while kin/grandfamily caregivers have more disabilities than the general population. The children raised by these families also frequently have disabilities.

¹ 2010 American Community Survey 1-Year Estimate, U.S. Census Bureau

² www.grandfamilies.org/state-fact-sheets

Today, almost half of grandparents raising grandchildren in the US are aged 60 or older. Due to the reasons leading to their formation, kinship/grandfamilies disproportionately experience the effects of adverse events such as trauma, substance use disorders, and mental illness. Most children in kinship/grandfamilies are not in the custody of the child welfare system, though those who are raised by kin comprise close to one-third of children in foster care³.

In FY2023, due to a loss of the provider, the Grandparents Raising Grandchildren program underwent a transition to AgeSmart's direct service. The loss of a provider left a gap in the service delivery system, which needed to be filled as soon as possible. Despite the attempt to locate alternative providers, none were available. AgeSmart had no other option but to quickly transition to direct service. At this time AgeSmart will continue to provide GRG services within the PSA.

AgeSmart has been providing services to seniors for 50 years and has a proven track record of success in meeting the needs of seniors in the communities. AgeSmart has the capacity to continue to provide support to grandparents raising their grandchildren. AgeSmart will continue to provide Gap Filling service to meet the needs of this population.

Program	Budget	Projected Persons	Projected Units
Title III-E Gap (Other Relatives)	\$30,000	30	35

³ Generations United, Fact Sheet – Grandfamilies and Kinship Families, 2023

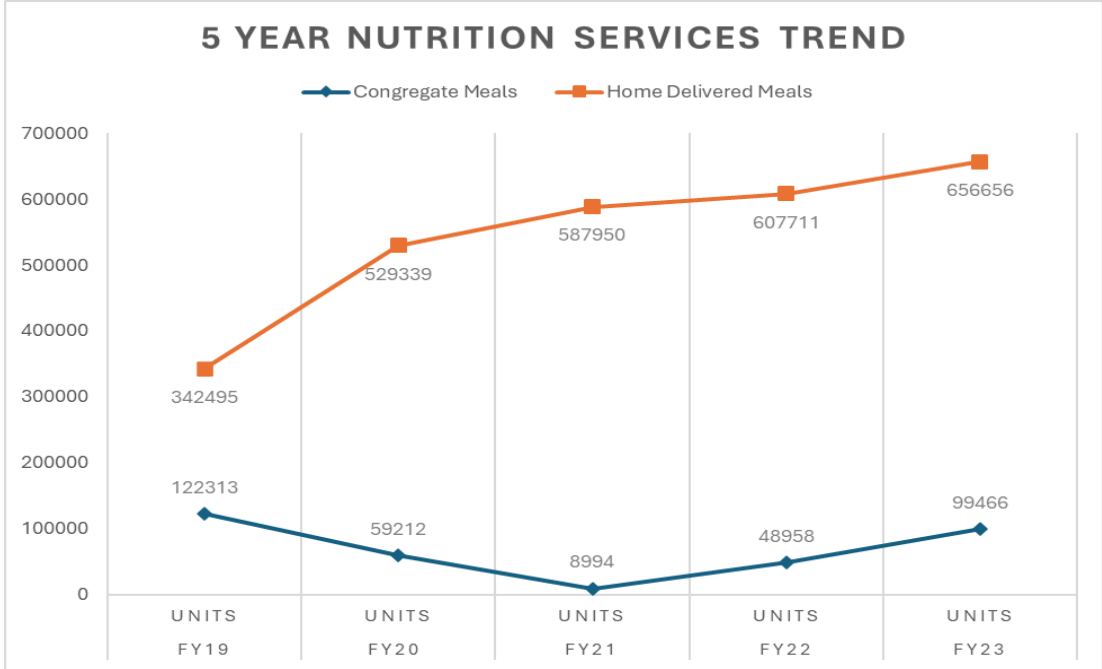
Home Delivered Meals

Since the COVID-19 pandemic, there has been a substantial increase in demand for home-delivered meals, and this trend has continued over time. The ARP funds have allowed AgeSmart to expand the program through weekend meals, which serve as additional nutritional resources for seniors at risk. AgeSmart also offers special diet options through Mom's Meals. Older adults with special dietary needs, such as those requiring renal-friendly, pureed, gluten-free, and diabetes-friendly meals, are provided with nutritionally tailored menus. For older adults living in remote rural areas where home-delivered meal service is not currently available, Mom's Meals are offered as an alternative.

All home delivered meal consumers receive 10 shelf-stable meals. Shelf-stable meals serve as emergency meals when normal meal delivery is not feasible due to inclement weather or other emergency situations. During the pandemic, shelf-stable meals became increasingly important as a convenient, nutritious, and safe option for older adults to maintain a healthy diet during the crisis. AgeSmart provided a total of 19,400 shelf-stable meals in FY2023 and will continue to ensure homebound older adults will have access to adequate nutrition during emergency situations.

The demand for home delivered meals has remained strong. In FY2023, AgeSmart provided 656,656 home delivered meals to 4,112 older adults. Over 80% of these participants live alone, and 30% are below the poverty level. During the pandemic, many individuals who previously participated in congregate dining settings found themselves isolated at home, which led to a surge in the demand for home-delivered meals. Although there has been a gradual uptick in attendance at congregate dining programs since FY2022, the home delivered meals program has continued to experience strong growth.

The nutrition service providers in the region are facing ongoing challenges, including a shortage of staff and loss of volunteers. Additionally, there has been a noticeable increase in the costs associated with food, packaging, and delivery. These rising expenses, combined with the shortage of volunteers, have led to the adoption of frozen meals as a solution. Currently, 60% of the PSA08's home delivered meals are frozen. AgeSmart is actively investigating alternatives to introduce some hot meals in the areas that are limited to receiving only frozen meals.



To alleviate the feelings of isolation and loneliness among home-delivered meal participants, nutrition providers regularly conduct well-being checks over the phone. AgeSmart is closely monitoring the status of the region’s home-delivered meal programs and remains committed to ensuring they meet the nutritional needs of older adults while contributing to their overall health and wellbeing. As of April 2024, there is no waitlist in PSA 8.

AgeSmart Home Delivered Meals Consumer Demographics



Other Funding Possibilities

While AgeSmart's main sources of funding are the Federal Older Americans Act and Illinois General Revenue Funds, AgeSmart has made progress in securing grant funds from sources other than the Older Americans Act to enhance current programs and develop new programs. The Advisory Council has an active Outreach & Development Committee to assist in accessing additional funds. Possible funding sources for AgeSmart include the following.

The Development Association for the Aging

The Development Association for the Aging (DAA) was created as a response to dwindling State and Federal Funds. The DAA is organized exclusively for charitable, educational, religious, or scientific purposes as a nonprofit organization to support the efforts of AgeSmart. The primary purpose of the DAA is to offer and provide support to older persons and the families of older persons, as well as to agencies serving these populations. The region will see services for older adults increase and programs enhanced as the DAA grows and develops. The DAA is managed by a volunteer board of directors and currently employs no staff. Since FY11, DAA has provided nearly 1,300 home delivered meals to older adults who would otherwise have been denied the service due to lack of funding. DAA also provided over \$5,000 of emergency funds for older adults in need.

Changes in Funding

For the purpose of this document, the FY2025 Governor's proposed budget is used to estimate the funding level. When the actual funding allocation is received, AgeSmart will adjust in a way that causes the least disruption to services.

Funding Increase

Should the amount of Federal or State funding increase during the FY2025 funding cycle:

- AgeSmart's Board of Directors will determine the services and funding level based on the needs of the communities.
- Considering greatest needs, any increases in funding by a specific title may be used to expand/enhance existing services, to fund new pilot programs, and/or to offer innovative grants.

Funding Decrease

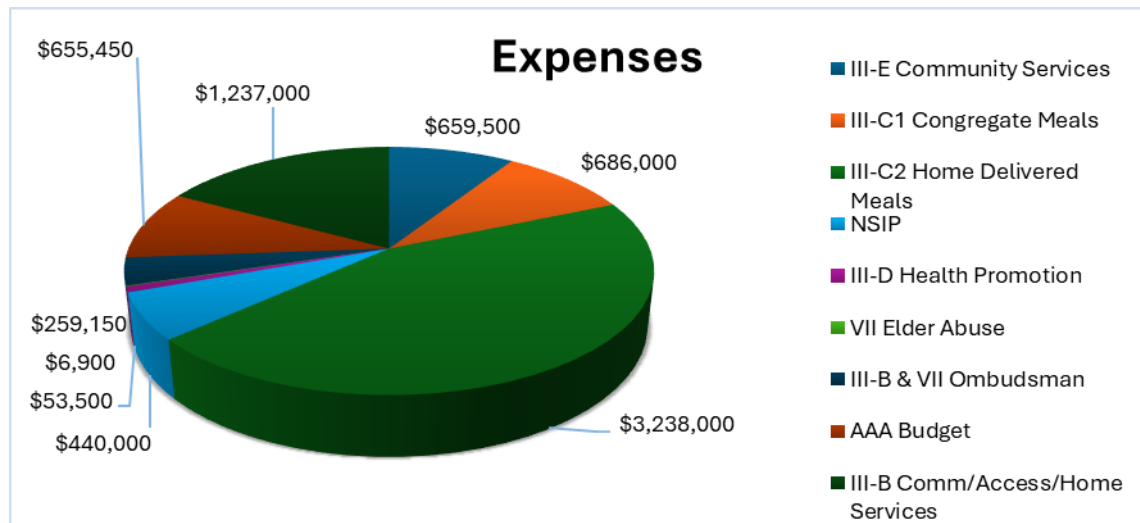
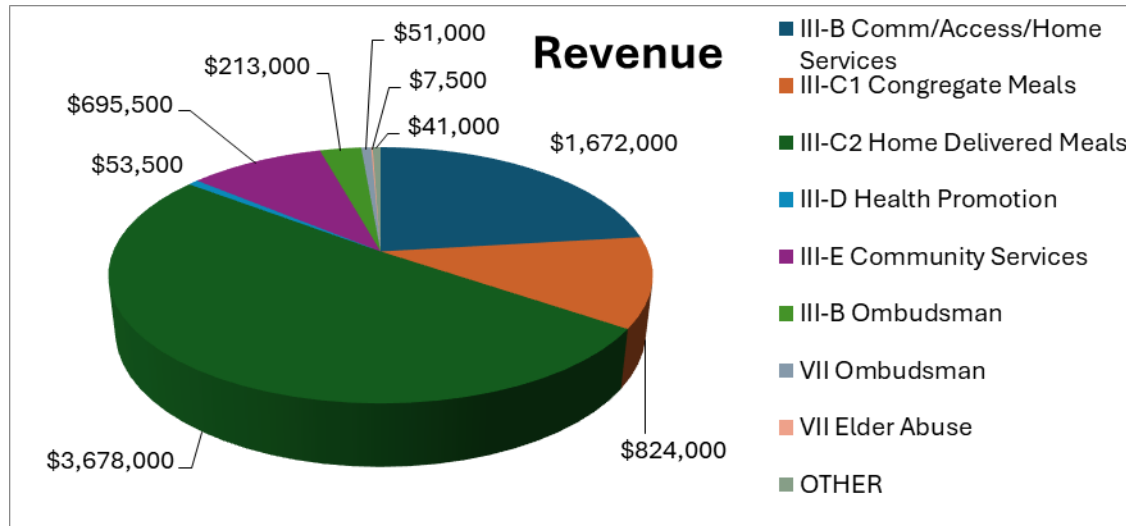
Should the amount of Federal or State funding decrease during the FY2025 funding cycle:

- Decreases will come from the effected title.
- AgeSmart will revise the service priorities and appropriately adjust the funding to the services so that reduction of the funding will cause the least amount of harm to the consumers.

The following pages demonstrate estimated revenues and expenses for FY2025.

This projection is subject to change based on changes to funding levels if there is a sequestration or other budgetary impact from the Federal or State government.

FY2025 Projected Revenues and Expenses



Revenues and Expenses Projected for FY2025

Revenues Projected for FY2025

SOURCE	IIIB	IIIC-1	IIIC-2	IIID	IIIE	III OMB	VII OMB	VII ELD	OTHER	TOTAL
ALLOCATIONS	673,000	874,000	653,000	49,000	348,000	44,000	50,000	7,000	0	2,698,000
TRANSFERS	150,000	-75,000	-75,000	0	0	0	0	0	0	0
STATE FUNDS	839,000	0	2,620,000	0	340,000	169,000	0	0	41,000	4,009,000
NSIP	0	0	440,000	0	0	0	0	0	0	440,000
CARRYOVER	10,000	25,000	40,000	4,500	7,500	0	1,000	500	0	88,500
TOTAL AVAILABLE	1,672,000	824,000	3,678,000	53,500	695,500	213,000	51,000	7,500	41,000	7,235,500

Title	Older Americans Act Programs
III B	Transportation, Assisted Transportation, Information & Assistance, Options Counseling, Legal, Residential Repair & Renovation, Telephone Reassurance, and Counseling
III C-1	Congregate Meals
III C-2	Home Delivered Meals
III D	Health Promotion Programs
III E	Caregivers & Grandparents Raising Grandchildren Services – Information & Assistance, Public Education, Legal, Counseling, Support Groups, Respite, Gap Filling and ADRD Education
III OMB	Ombudsman
VII OMB	Ombudsman
VII ELD	Adult Protective Services

Revenues and Expenses Projected for FY2025 (continued)

Expenses Projected for FY2025

APPLICATIONS	IIIB	IIIC-1	IIIC-2	IIID	IIIE	III OMB	VII OMB	VII ELD	OTHER	TOTAL
III-B Comm/Access/Home Services	1,237,000									1,237,000
III-E Community Services					659,500					659,500
Congregate Meals		686,000								686,000
Home Delivered Meals			3,238,000							3,238,000
NSIP		0	440,000							440,000
Medication Management				53,500						53,500
Ombudsman						213,000	46,150			259,150
Elder Abuse Prevention								6,900	0	6,900
AAA Budget	435,000	138,000	0	0	36,000	0	4,850	600	41,000	655,450
	1,672,000	824,000	3,678,000	53,500	695,500	213,000	51,000	7,500	41,000	7,235,500

Appendix

FY2025 Service Coverage Chart

Service Coverage Chart

08 AGESMART COMMUNITY RESOURCES

Note: A "✓" indicates the service is offered in the county listed

Title III-B Supportive

Services		Bond	Clinton	Madison	Monroe	Randolph	St. Clair	Washington	COUNTY 8	COUNTY 9
Information & Assistance OC	\$465,000.00	✓	✓	✓	✓	✓	✓	✓	☐	☐
Transportation	\$240,200.00	✓	✓	✓	✓	✓	✓	✓	☐	☐
Assisted Transportation	\$100,000.00	☐	✓	✓	☐	☐	✓	☐	☐	☐
Case Management	\$	☐	☐	☐	☐	☐	☐	☐	☐	☐
Legal Assistance	\$210,000.00	✓	✓	✓	✓	✓	✓	✓	☐	☐
Multi Purpose Senior Center	\$	☐	☐	☐	☐	☐	☐	☐	☐	☐
Recreation	\$	☐	☐	☐	☐	☐	☐	☐	☐	☐
Telephone Reassurance	\$106,800.00	✓	✓	✓	✓	✓	✓	✓	☐	☐
Chore		☐	☐	☐	☐	☐	☐	☐	☐	☐
Gap	\$12,000.00	✓	✓	✓	✓	✓	✓	✓	☐	☐
Res Repair & Renov	\$103,000.00	✓	✓	✓	✓	✓	✓	✓	☐	☐
Total \$	\$1,237,000.00									

Describe challenges or barriers to service provision in unserved/underserved counties.

Assisted Transportation - There are no organizations in other counties that are equipped to provide the service. In our last RFP for Assisted Transportation, only the existing providers submitted application for the grant, and no new organizations expressed interest.

Tiel III-C Nutrition										
Services		Bond	Clinton	Madison	Monroe	Randolph	St. Clair	Washington	COUNTY 8	COUNTY 9
Congregate Meals	\$686,000.00	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Home Delivered Meals	\$3,636,000.00	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Nutrition Education	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Nutrition Counseling	\$42,000.00	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Total \$	\$4,364,000.00									

Describe challenges or barriers to service provision in unserved/underserved counties.

Nutrition Counseling - Due to staff capacity, the service provider has mainly focused on Madison county. We are planning to expand the service to St. Clair county in FY25 by incorporating phone/virtual options.

Title III-D Health Promotion Services										
		Bond	Clinton	Madison	Monroe	Randolph	St. Clair	Washington	COUNTY 8	COUNTY 9
Evidence-Based Programs	\$53,500.00	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Disease Prevention	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Routine Health Screening	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Medication Management	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Total \$	\$53,500.00									

Describe challenges or barriers to service provision in unserved/underserved counties.

Title III-E Family Caregiver		Bond	Clinton	Madison	Monroe	Randolph	St. Clair	Washington	COUNTY 8	COUNTY 9
Access Assistance	\$195,000.00	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Respite	\$156,900.00	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Supplemental Services	\$66,100.00	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Counseling	\$90,000.00	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Support Groups	\$42,000.00	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Caregiver Training	\$19,500.00	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Legal Assistance	\$42,000.00	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Public Education	\$48,000.00	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Total \$	\$659,500.00									

Describe challenges or barriers to service provision in unserved/underserved counties.